



Sub-Acute Adolescent Program

For males and females ages 12 to 17



We provide sub-acute inpatient treatment for adolescents with persistent emotional and behavioral health needs.

Patients experience a structured and therapeutic environment that addresses medical, mental health, academic (when applicable) and social concerns. A typical stay lasts two to four months, based on each patient's individual needs.

Conditions We Treat

- Depression, anxiety or mood-related concerns
- Trauma-related symptoms
- Emotion dysregulation or impulsive behaviors
- Difficulties at home, school or in social settings
- Limited progress with outpatient or lower levels of care

Program Components

The program is individualized to meet each patient's needs and can include:

- Individual Therapy
- Family Therapy and Connection
- Group Therapy
- Recreational Therapy
- Journaling & Self-Reflection
- Academic Support (when applicable)
- Spiritual Support (when applicable)

Why Choose Our Program

- Physician-led, multidisciplinary team
- Trauma-informed approach, evidence-based care
- Strong family involvement is encouraged throughout treatment
- Focus on successful return to home, school and community
- Individualized treatment plans

Admissions & Referrals

Referrals are accepted year-round, with programming most active during the summer months. Early referrals are encouraged, as space may be limited and a waitlist may apply.

Ways to Submit a Referral

- Call **800-264-5640**
- Fax **501-794-4277**
- Email rivendellar@intake.xferall.com
- Submit a referral through our referral page or Contact Us form
- Mobile Assessors: Call or text one of our mobile assessment team members

Scan the code to learn more:



 **Rivendell**
Behavioral Health Services of *Arkansas*

100 Rivendell Drive | Benton, AR 72019

rivendellofarkansas.com



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