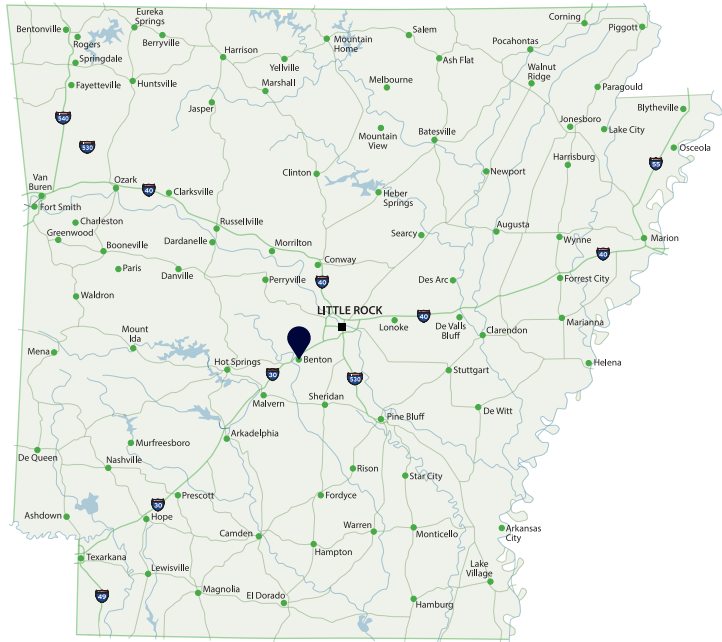




100 Rivendell Drive | Benton, AR 72019
800-264-5640 | Fax: 501-794-4277
rivendellofarkansas.com

Call **800-264-5640** for a level-of-care assessment.



Watch our **YouTube videos:**



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For language assistance, disability accommodations and the nondiscrimination notice, visit our website.
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Behavioral Healthcare

For Children, Teens & Adults



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Quality Treatment for Children, Teens & Adults

Since 1985, Rivendell Behavioral Health Services of Arkansas has provided physician-led behavioral healthcare. Today we serve children, ages 4 and older, adolescents and adults experiencing emotional and behavioral challenges.

Rivendell supports individuals struggling with depression, anxiety, trauma, grief, anger, addiction or impulsivity on their path toward healing and recovery.

Services include:

- Inpatient mental healthcare for children and teens (ages 4-17)
- Extended stay program for adolescent males (ages 12-17)
- Sub-acute inpatient program for adolescents (ages 12-17): Two-to-four-month program offered seasonally, primarily in summer
- Adult inpatient dual diagnosis and detox program
- Outpatient mental healthcare for adults: Partial hospitalization program (Mon-Fri) Intensive outpatient program (Mon-Sat)
- Services available in person or virtually
- Psychiatric evaluation and medication management

Friendly, Caring, Knowledgeable Staff

The clinical services team works with each patient on a set of goals for them to work on during and after inpatient care. Our staff is here to aid you in the healing process.

Meet the Team

- Adult and child psychiatrists
- General medical practitioners
- Licensed mental health professionals
- Mental health associates
- Utilization management team
- Psychiatric trained nursing staff
- Patient advocate
- Special Ed.-certified teachers
- Recreational therapists
- Psychologist
- Dietitian/nutritionist
- Mobile assessment representatives
- Community relations managers
- Mental health and addiction specialists



Specialized Services

Social History Assessment

Each patient will receive a one-on-one assessment with a licensed mental health professional in order to help develop an individualized treatment plan.

Group Therapy Sessions

Therapy groups focus on distress tolerance skills and mindfulness, helping individuals to work with others in developing coping strategies and enhancing communication tools. Additional topics may include relaxation, meditation, guided imagery, crisis management, recreational therapy, gentle yoga and alternatives to pain management.

Cognitive Behavioral Therapy (CBT)

CBT is designed to challenge and change negative thoughts and behaviors, improve emotional regulation and promote the development of personal coping strategies.

Discharge Planning

Each patient leaves our care with a personalized aftercare plan and crisis safety plan that identifies resources for aftercare.



Additional Adult Options

These include substance use groups, relapse prevention, addiction education, partial hospitalization and intensive outpatient programs. Group topics include interpersonal effectiveness, emotional regulation and distress tolerance.

Alcoholics Anonymous®/ Narcotics Anonymous®

These community-led groups are held on-site for adults and are strictly voluntary.

Trauma-Informed Approach

Rivendell offers group support on aspects of healing from physical, emotional and sexual abuse and other forms of trauma. Therapists help provide hope and validation as survivors actively participate in reclaiming power in their lives.

Military and Veteran Services

We offer services for service members, veterans and their dependents facing emotional and behavioral issues. We are in network with TRICARE® and accept VA community care.



Call **Rivendell Behavioral Health Services of Arkansas** at **800-264-5640** to schedule a level-of-care, confidential assessment. We are available 24/7 to take your call. Assessments are offered face-to-face, by phone or via Zoom.



Additional Youth Options

Rivendell provides an individual and family therapy session to establish a treatment plan and begin the healing process for children in acute distress.